

2019 RSL Officials Training Waiver Request Form

Officials certified by USA Swimming or Virginia High School League (VHSL) may request to be excused from RSL training.

You must include a copy of your certification from USA Swimming or VHSL with this application.

Please fill out this form and
mail or email to:

Michael C. Sizemore, RSL President
P.O. Box 477
Dahlgren, VA 22448
540-834-8120 (Cell)
MCSizemore@gmail.com

Please Print:

Name: _____

Address: _____

Phone: _____ E-mail: _____

RSL Team: _____

Certifying Body (USAS, VHSL, other (please explain))						
Position	Referee	Starter	Stroke and Turn	Head Timer	Clerk of Course	Recorder/Scorer
Number of Years Experience						
Number of meets worked in this position in the last year						

By my signature I certify that I have read, understand, and will uphold the 2019 RSL rules.

Signature: _____ Date: _____

Training Accepted for 2019 Season: _____ Date: _____

Official Chairperson